



Frisselle Racing
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USA

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Jacques,

In thinking about the impact of your program on my two sons and their racing careers, I am glad that everyone doesn't know about your program.

In both instances you had a tremendous effect when it was sorely needed by both of them. They both employ your strategies at every event they attend and can now fully focus on delivering the best job they can in the race car at any time. They have learned how to calmly accept things out of their control and use all of their talents in an extremely focused manner.

If I were a team owner, your program would be required for all of my drivers. The clarity, the focus, and the confidence that they have gained is amazing. And equally important is their ability to discriminate concerning what they are in charge of and all of the things on the periphery that they can't control. They use these skills on the short tracks in their stock cars and in their prototype in the Rolex Series.

And finally, they both have been enjoying their busy racing schedules and are finding racing in general to be much more enjoyable and less stressful. I have become a huge believer in your program.

Sincerely,

Brad Frisselle